

Shades Grill

Sunday Lunch Menu 22/04/18

(Choose Any 4 Courses for €22.95)

Starters

Homemade Country Vegetable Soup, House Croutons & Wheaten Bread €4.95

Crispy Duck & Hoi Sin Taco, Onion & Pepper Salsa €5.95

Thai Style Fish Cakes in Crispy Panko Crumb, Wasabi Mayo, Baby Leaves €5.95

Five Mile Town Goats Cheese Salad, Red Onion Marmalade, Candied Pecans Nuts (g/f) €5.95

Mains

Pan Roasted 8oz Rump Fillet Steak (Served Medium) with Onion Marmalade, Champ Mash & Port Wine Jus (g/f) €13.95

Baked Fresh Chunky Cod Fillet, Curried Creamed Cabbage & Crispy Fried Leeks €13.95

Crispy Duck Leg Confit, Steamed Sugar Snap Peas, Pressed Pear & Fresh Plum Jus (g/f) €13.95

Pan Roasted Supreme of Irish Chicken Wrapped in Parma Ham, Steamed Greens, Creamy Gerolle Mushroom Sauce (g/f) €13.95

Baked Loin of Irish Bacon with a Honey & Mustard Glaze. Parsley Cream Sauce (g/f) €13.95

All Main Courses Above Served with Creamed Potato & Fresh Veg.

Homemade Chicken Tenders Served with Paprika Aioli Dip, House Salad & Chunky Chips €12.95

Desserts

Fresh Fruit Meringue, Fresh Cream & Fruit Coulis €5.95

Apple Pie, Crème Anglais, Vanilla Ice Cream €5.95

Homemade Raspberry Marshmallow Cheesecake, Raspberry Coulis, Fresh Cream €5.95

Trio of Ice Cream in a Crispy Wafer Basket €4.95

Tea & Coffee

Tea	€2.50
Coffee	€2.50
Cappuccino	€2.80
Espresso	€2.50
Latte	€2.80
Macchiato	€2.50
Flat White	€2.80
Herbal Tea	€2.50

Extra Sides

Chips	€3.50
Caribbean Fries	€4.00
Sweet Potato Fries	€4.00
Mash Potato	€3.50
House Salad	€3.50
Garlic Bread	€3.50

Please Inform Your Server If You Have Any Special Dietary Requirements